

**Event:** Sankofa Wholistic Health Conference

**Theme:** Return to Natural Medicines to Save and Extend Life

**When:** SATURDAY, FEBRUARY 8, 2020

**Where:** OISE NEXUS LOUNGE, 12th FL. 252 BLOOR ST. W., TORONTO

**Who:** For the GTA Community particularly People of Afrikan Origin

**Why:** Research shows People of Afrikan Origin i.e. “Black” people are experiencing one of the highest morality rates due to chronic diseases and disproportionately higher rates of mental health dis-eases due to post-colonial traumas and racism, in the GTA.

**Please note this agenda is subject to changes at the discretion of the organizers, not be shared with anyone not named in the email**

**CHRONOLOGICAL ORDER OF TIMING OF EVENTS:**

07:00 - 9:30 A.M. Load In, Exhibit Setups and Registration

10:00 -10:05 **Osholene Oshobugie, PHD Candidate,** Philosophy in Social Justice Education, OISIE

Leader of Ceremonies, Welcome and Introductions,

10:05 - 10:20 **Dogon Hatinee, Wahibptah Fahkara,** M’Tam School Toronto, Overseer of the Earth Center UK,

Libation & The Marita (Afrikan) Tradition of Healing with Herbs

10:20 - 10-30 **Debra Ross, MSW, ISWD and Orville Smith**, **Multimedia Specialist, Co-Founders**

**A Critical Dialogue, Health and Mental Health Crises** Impacting People of Afrikan Origin across the GTA

10:30 - 10:45 **Bishop Dr. Shawn Howard**, The Role of The Faith Community in Health, Healing and Nutrition

10:45 - 11:00 **Akeem Gardner, CEO & Co-Founder**, Atlas 365 Incorporated

The Wholistic Revolutionary Benefits of Hemp

11:00 -12:00 **Special Guest, USA,** **Sophia Blyden,** Licensed Practical Nurse, LPN, Black Cross Nurse &

Lady President, Universal Negro Improvement Association (UNIA-ACL #433)

Mental Health: The Impact of Intergenerational Traumas of Colonization, Healing Techniques

12:00 - 01:00 Lunch

01:00- 02:00 **Dr. Tissa Mohamed,** Doctor of Natural Medicine, DNM

Womb Wellness: Fibroids and Prostate Cancer, a Reversal Diet for the 21st century

02:00 - 02:15 Break

02:15 - 02:30 **Sasha Reid, (aka Tenacious Butterfly)** Plant Based Health Coach and Colon Hydrotherapist

How I Beat Cancer on an Alkaline Diet

02:45-03:45 **Dr. Alisia Young,** Naturopathic Doctor, ND

Cancer and Weight Management the Deadly Link

03:45 - 04:00 Break

04:00 - 5:00 **Youth Panel by Smyrna Wright & Phillip Banton & Dr. Alisia Young, ND**

A Crisis in “Black” Youth Mental Health, Nutrition, Lifestyle Solutions

05:00- 06:00 Dinner Break

**06:00- 08:00 KEYNOTE, Dr. Meddrick Pollock**, DNM, DO, DIM, DOMP, D.PSc, RNP

Diabetes, Detoxification Therapy to Reverse and Prevent all Dis-eases

08:00 - 09:00 **Grand Finale**, **Youth and Expert Solution Up Close Panel**

**YOUTH AND ALL PRACTCIONEERS, Solution Interactive Panel on Stage with live audience**

Topic: People of Afrikan Origin, Infrastructure to Eliminate Dis-eases through Proper Diet and Lifestyle Choices

09:00 - 09:30 Exhibits, Social

09:30 -10:00 Tear down/Clean Up/Close